


July 2024 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Grilled Pollock Red Roasted Potatoes Wedges Whole Grain Bun Steamed Kale Carrots Blueberry or Fruit Milk</p>	<p>2</p> <p>Spaghetti and Meat Sauce Broccoli Sauteed Summer Squash Tangerine Whole Grain Roll with butter Milk</p>	<p>3</p> <p>Creamy Chicken Enchiladas Refried Beans Sauteed Mushrooms with onions Cauliflower Melon Cup Milk</p>	<p>4</p> 	<p>5</p> 
<p>8</p> <p>Chicken Tikka Masla Basmati Rice Sauteed Spinach Ginger Cauliflower Mandarin Orange Milk</p>	<p>9</p> <p>Beef Pot Roast with au jus sauce Cornbread Broccoli Scalloped Potatoes Pineapple Milk</p>	<p>10</p> 	<p>11</p> <p>Oven Roasted Haddock Whole Grain Quinoa Dinner Roll with Butter Baked Beans Kale Cherries Milk</p>	<p>12</p> <p>Vegetarian Lasagna Garlic Bread Broccoli and Cauliflower Tangerine Milk</p>
<p>15</p> <p>Chinese Style Vegetables with Teriyaki Salmon Brown Rice Sautéed Spinach Edamame Orange Wedges Milk</p>	<p>16</p> <p>Oven Fried Chicken Legs Whole Grain Corn Muffin with Butter Kale Side Salad with Ranch Creole Style Black Eyed Peas Cherry or Fruit Milk</p>	<p>17</p> <p>Korean Beef Over Jasmine Rice Whole Grain Roll with butter Garlic Seasoned Green Beans Mango Milk</p>	<p>18</p> <p>Chicken in Orange Sauce Whole Grain Rice Stir Fry Vegetables Cauliflower Blueberries Milk</p>	<p>19</p> <p>Macaroni and Cheese Vegetarian Baked Beans Cucumber Salad Stewed Tomatoes Grapes Milk</p>
<p>22</p> <p>Chicken Spaghetti Lima Beans Spinach Apricot Milk</p>	<p>23</p> <p>Beef Tamale Pie with Cornbread Topping Refried Beans Fresh Peach Milk</p>	<p>24</p> <p>Hawaiian Chicken Coconut Rice Whole Grain Pita Edamame Broccoli Watermelon Milk</p>	<p>25</p> <p>Oven Fried Chicken Legs Whole Grain Biscuit with butter Pepper Strips 4 way vegetable mix Berries Milk</p>	<p>26</p> <p>Baked Cajun Fish Mushroom Rice Pilaf Whole Grain Roll with Butter Collard Greens Honey Glazed Carrots Strawberries Milk</p>
<p>29</p> <p>Grilled Pollock Red Roasted Potatoes Wedges Whole Grain Bun Steamed Kale Carrots Blueberry or Fruit Milk</p>	<p>30</p> <p>Spaghetti and Meat Sauce Broccoli Sauteed Summer Squash Tangerine Whole Grain Roll with butter Milk</p>	<p>31</p> 		